

## Child Study Center -Lunch

May 1 - May 31

### *What's Cooking Today?*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Whole Grain Chicken Nuggets-5 Corn-1/2 c. Fresh Apple-1 Wheat Dinner Roll Milk-6 oz.	2 Macaroni and Cheese-5 oz. Baby Carrots-1/2 c. Fresh Orange-1 Whole Grain Bread Milk-6 oz.	3 Meatloaf w/ Ketchup-3 oz. Mashed Potatoes-1/2 c. Diced Pear Cup-1/2 c. Dinner Roll Milk-6 oz.	4 Turkey Meatballs w/ Sauce on a Wheat Hot Dog Bun-1 Green Beans-1/2 c. Fresh Banana-1 Milk-6 oz.	5 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Peach Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz.
8 All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	9 Medium Square Cheese Ravioli with Meat Sauce- 5 oz. Green Beans-1/2 c. Fresh Orange-1 Wheat Dinner Roll Milk-6 oz.	10 Kripsy Chicken Rings-5 oz. Roasted Potato Medley-1/2 c. Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz.	11 Turkey Breast on a Potato Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	12 Baked Ziti-5 oz. Peas-1/2 c. Mixed Fruit Cup-1/2 c. Italian Bread Milk-6 oz.
15 Breaded Chicken Patty on a Bun-1 Mixed Vegetables-1/2 c. Pineapple Cup-1/2 c. Milk-6 oz.	16 Macaroni and Cheese-5 oz. Broccoli Florets-1/2 c. Fresh Apple-1 Wheat Dinner Roll Milk-6 oz.	17 <b>BREAKFAST FOR LUNCH</b> French Toast Sticks w/ Syrup-3 Beef Sausage Links-2 Carrot Sticks w/ Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	18 Swedish Turkey Meatballs-5 Corn-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz.	19 Tony's Pizza-5 oz. Romaine Salad w/ Dressing-1 c. Strawberry Applesauce Cup-1/2 c. Milk-6 oz.
22 Mini Cheese Quesadilla-3 Peas-1/2 c. Fresh Apple-1 Milk-6 oz.	23 Grilled Boneless BBQ Chicken Drummies-3 Asparagus Cuts and Tip-1/2 c. Fresh Orange-1 Whole Grain Bread Milk-6 oz.	24 Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Baby Carrots with Dip-1/2 c. Diced Peach Cup-1/2 c. Milk	25 Hot Turkey w/ Gravy-3 oz. Mashed Potatoes-1/2 c. Fresh Banana-1 Whole Grain Bread Milk-6 oz.	26 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz.
<b>MEMORIAL DAY</b>	30 All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Diced Pear Cup-1/2 c. Milk-6 oz.	31 Chicken Fryz-3 Wax Beans-1/2 c. Fresh Banana-1 Wheat Dinner Roll Milk-6 oz.		