

Child Study Center - Lunch

June 1 - June 30

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Turkey Meatballs w/ Sauce on a Wheat Hot Dog Bun-1 Mixed Vegetables-1/2 c. Fresh Banana-1 Milk-6 oz.	2 Macaroni and Cheese-5 oz. Green Beans-1/2 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz.
5 Chicken Nuggets-4 Corn-1/2 c. Fresh Apple-1 Whole Grain Bread Milk-6 oz.	6 Cheese Lasagna with Meat Sauce- 5 oz. Green Beans-1/2 c. Fresh Plum-1 Wheat Dinner Roll Milk-6 oz.	7 Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-1/2 c. Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz.	8 Turkey Breast on a Potato Bun-1 Fresh Baby Carrots with Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	9 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Mixed Fruit Cup-1/2 c. Cheese Stick-1 Milk-6 oz.
12 Teriyaki Chicken Bites-4 Mixed Vegetables-1/2 c. Wheat Dinner Roll Pineapple Cup-1/2 c. Milk-6 oz.	13 All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	14 BREAKFAST FOR LUNCH French Toast Sticks w/ Syrup-3 Beef Sausage Links-2 Carrot Sticks w/ Dip-1/2 c. Fresh Banana-1 Milk-6 oz.	15 Swedish Turkey Meatballs-5 Roasted Potato Medley-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz.	16 Baked Mini Pasta Shells-5 oz. Peas-1/2 c. Strawberry Applesauce Cup-1/2 c. Italian Bread Milk-6 oz.
19 Meatloaf w/ Ketchup-3 oz. Corn-1/2 c. Fresh Apple-1 Wheat Dinner Roll Milk-6 oz.	20 Krispy Southern Chicken Drummies-3 Green Beans-1/2 c. Fresh Orange-1 Whole Grain Bread Milk-6 oz.	21 Sliced Turkey and Cheese on Whole Grain Bread-1 Fresh Baby Carrots with Dip-1/2 c. Diced Peach Cup-1/2 c. Milk	22 Honey BBQ Chicken Bites-4 Mashed Potatoes-1/2 c. Fresh Banana-1 Whole Grain Bread Milk-6 oz.	23 3x5 Pizza Square-1 Romaine Salad w/ Dressing-1 c. Applesauce Cup-1/2 c. Cheese Stick-1 Milk-6 oz.
26 Cheese Manicotti w/ Meat Sauce-1 Green Beans-1/2 c. Diced Pear Cup-1/2 c. Italian Bread Milk-6 oz.	27 All Beef Hamburger on a Wheat Bun-1 Corn-1/2 c. Fresh Apple-1 Milk-6 oz.	28 Chicken Fryz-3 Diced Carrots-1/2 c. Fresh Banana-1 Wheat Dinner Roll Milk-6 oz.	29 Swedish Turkey Meatballs-5 Roasted Potato Medley-1/2 c. Mandarin Orange Cup-1/2 c. Whole Grain Bread Milk-6 oz.	30 Macaroni and Cheese-5 oz. Broccoli Florets-1/2 c. Peach Applesauce Cup-1/2 c. Whole Grain Bread Milk-6 oz.