Child Study Center(Camp) - Breakfast

July 3 - July 31

What's Cooking Today?

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Fresh Apple-1 Corn Flakes-3/4 c. Milk-6 oz.	4 **HAPPY INDEPENDENCE DAY**	5 Applesauce Cup-1/2 c. Honey Graham Toasters Cereal-1 oz. Milk-6 oz.	6 Fresh Orange-1 Banana Muffin-2 oz. Milk-6 oz.	7 Mixed Fruit Cup-1/2 c. Krispy Rice Cereal-3/4 c. Milk-6 oz.
10 Diced Pear Cup-1/2 c. Toasted Oats Cereal-3/4 c. Milk-6 oz.	11 Mandarin Orange Cup-1/2 c. Crispix Cereal-3/4 c. Milk-6 oz.	12 Fresh Nectarine-1 Mini Tropical Loaf-2 oz. Milk-6 oz.	13 Applesauce Cup-1/2 c. Plain Bagel with Cream Cheese-1 Milk-6 oz.	14 Fresh Apple-1 Kix Cereal-3/4 c. Milk-6 oz.
17 Diced Peach Cup-1/2 c. Rice Chex Cereal-1 oz. Milk-6 oz.	18 Fresh Apple-1 Multigrain Cheerios-3/4 c. Milk-6 oz.	19 Fresh Pear-1 Orange Dreamy Loaf-2 oz. Milk-6 oz.	20 Pineapple Cup-1/2 c. Cinnamon Raisin Bagel with Cream Cheese-1 Milk-6 oz.	21 Fresh Orange-1 Kix Cereal-3/4 c. Milk-6 oz.
24 Fresh Apple-1 Corn Flakes-3/4 c. Milk-6 oz.	25 Fresh Plum-1 Krispy Rice Cereal-3/4 c. Milk-6 oz.	26 Fresh Orange-1 Sweet Potato Muffin-2 oz. Milk-6 oz.	27 Applesauce Cup-1/2 c. W/G Croissant w/ Margarine-1 Milk-6 oz.	28 Fresh Apple-1 Oat Blenders Cereal-3/4 c. Milk-6 oz.
31 Diced Peach Cup-1/2 c. Apple Muffin-2 oz. Milk-6 oz.				